

ACTIONING

Module 3

Lesson 1 *One Minute* by Simon Stephens

Prepare

I leave my house and I'm heading for the tube.

Inform

It's dark.

Alert

I can hear some music coming from somewhere behind me and to my left.

Engage

I'm aware that I'm walking much slower than I ordinarily would have done.

Involve

Debrief

And I turn the corner, change direction and the music seems to be still coming from behind me.

Still to my left. And and I'm counting the uncracked paving stones.

And there seems to be just hundreds of them.

Underneath the railway tracks at Kentish Town West a train goes past and I just think, how

much I want to be asleep on a train. How good that would feel. Actually. Right. Now.